

Upcoming Courses and Events – Dates and Registration



Tick to Register (✓)	Date	Event	Topic	Venue	Contact
	June 2 & 9	Youth Mental Health First Aid	Mental Health First Aid Course	Brisbane South Division	Kathleen
	June 7 & 21	Young Minds –Accredited Mental Health Skills Training	Treating Depression and Anxiety in Young People	433 on Logan Conference and Banqueting Centre	Carmel
	June 17	GP Information Dinner	Health issues for Lesbian, Gay, Bisexual and Transgender patients	Two Small Rooms Milton	Kathleen
	June 19	Brief Interventions Workshop	Tools and pathways to support patients with lifestyle risks	433 on Logan Conference and Banqueting Centre	Kylie
	June 22	'Lighten Up to a Healthy Lifestyle' Program	Healthy lifestyle program for people at risk of type 2 diabetes and other chronic diseases	Clunies Ross Conference Room, Eight Mile Plains	Suanne
	June 22	Practice Nurse Network Meeting	Spirometry	Brisbane South Division	Trudy
	June 29	Lighten Up to a Healthy Lifestyle' Facilitator Training	3 day Facilitator Training in an accredited lifestyle modification program	Gecko House, 139 Duringan St, Currumbin	Suanne

Name of Attendee	Practice Name	Telephone

To register for any of the above events, tick the appropriate box in the register column, fill in your details and fax back to **3274 1930**.

Lifestyle Modification Programs

There are two Lifestyle Modification Programs planned for June:

- Lighten Up to a Healthy Lifestyle, 22 June 2010 at Eight Mile Plains – only 10 spaces left so send your referrals in quickly
- Reset your life, TBC June/July – program for women at Fernwood Gym Jindalee

To find out more about the programs and referral process, please see the Fernwood flyer available on the Division website at www.brisbanesouth.com.au or call Suanne Robertson, Program Coordinator Healthy Lifestyles, on 3274 1886.

Lighten Up to a Healthy Lifestyle Facilitator Training 29 June – 1 July 2010

'Lighten Up' is now an accredited lifestyle modification program and is recognised by the Queensland Strategy for Chronic Disease 2005-2015 as an evidence-based strategy to prevent and reduce the growing number of people in our community with chronic disease. Queensland Health invites interested health professionals to attend a 3 day facilitator training course at Gecko House, 139 Duringan St, Currumbin from 9.00am – 4.30pm. Morning tea, lunch and afternoon tea will be provided.

To find out more or to register, please see the facilitator training flyer and complete the registration form available on the Divisions website www.brisbanesouth.com or call Suanne Robertson, Program Coordinator Healthy Lifestyles, on 3274 1886.

General Practitioners



Brisbane South Service Seeker

Have you added your details to the Brisbane South Service Seeker yet? Across Australia, there are many different types of community supports and services available to people in need. But how do you know where to find them?

Brisbane South Division are currently populating the Service Seeker to include more than 500 supports and services in the Brisbane South region and would like your permission to include details about your practice and your GPs.

For more information, please see the information sheet and faxback form available on the Divisions website at www.brisbanesouth.com.au.

Gastro-nyte- Wednesday 9 June

Greenslopes Private Hospital would like to invite you to attend the final evening of GP education for 2010 ... 'Gastro-nyte'. Featuring - fat, ferritin, fibroscan, gallstones, celiac disease, viral hepatitis, cirrhosis plus much more. This is a chance to find out what's new and what you need to know. As well as an opportunity to have your questions answered by our consultant clinical immunologist and our team of gastroenterologists.

To register or for more information, please see the registration form available on the Divisions website at www.brisbanesouth.com.au.

Do you know how the Division can support you?

This weekly news item focuses on: **Triage**

The Division is currently offering in-practice education for GPs and any interested staff members of your practice. This ideally can be a lunch time session or a convenient time to the practice by appointment to detail:

- Why Triage?
- Quick Triage guides available
- Larger Triage resource options

PLUS

A number of quick Triage guides are available to take the stress out of navigating Triage at the front desk.

Do you need to know more about **where** and **how** you can access this information? Please call your Area Manager at the Division on 3274 1886 to arrange a practice visit to detail this information.

Creating an Exclusive Service for Lesbian, Gay, Bisexual and Transgender Patients

Do you ask the sexuality and gender identity of your patients? Do you know why it is important?

Sexual and gender identity are seen as social determinants of health and as such bring along certain health issues for your lesbian, gay, bisexual and transgender (LGBT) patients.

By attending this evening you will get an understanding of why it is important to find out this information from your LGBT patients, how to ask - without offending and what health issues are particular to this community. An expert will be attending to provide the medico/legal aspect of how to make your practice more LGBT friendly.

WHEN: June 17 – 6.30pm for a 7pm start

WHERE: Two Small Rooms, Milton

Please RSVP to Kathleen on 3306 1052 by Friday 11th June – limited spaces available.

New Dietitian

A new Accredited Practising Dietitian, Dale Cook, has started at Stones Corner Therapy Centre and is accepting referrals. Dale is Medicare, DVA and private health fund registered and bulk bills EPCs.

Dale can be contacted on 3394 3450 or 0413 686 067, referrals can be faxed to 3891 2315.

General Practitioners

Time Based Health Assessments for Diabetes Prevention



From 1 May 2010 four time-based health assessment items, consisting of brief, standard, long and prolonged consultations were introduced. Medical practitioners may select one of the MBS health assessment items to provide a health assessment service to a member of a specific target group. The health assessment requirements for each target group will not change from previous health assessment items.

From 1 May 2010, **Explanatory Notes for the Time-Based Health Check Item Numbers** were made available on the Department of Health and Ageing's website at <http://www.health.gov.au/mbsonline> and fact sheets for each target group at <http://www.health.gov.au/internet/main/publishing.nsf/Content/mha.htm>.

For more information and access to additional websites, please go to the Division website under the resources tab at www.brisbanesouth.com.au.

Mater Mothers' Hospital Pilot Preconception Care Clinic

Mater Mothers' Hospital (MMH) commenced a pilot Preconception Care Clinic on 19 May 2010. The aim of the pilot is to formally evaluate the service and outcomes of pregnancies for women who attend this service in order to demonstrate that the intervention has a positive health benefit for mothers and babies.

Who can I refer?

The service is being piloted at MMH and in a number of GP practices. You can refer any woman who is planning to fall pregnant and would be likely to choose Mater for her forthcoming pregnancy. MMH would be most interested in providing care for women with more complex health issues, however would welcome referrals from any woman planning a pregnancy.

How do I refer?

MMH require a named referral to **Dr Tania Widmer**, Obstetrician, Mater Health Services, by fax to 3163 1949. The MMH GP Liaison Midwife can assist with any queries regarding referrals and is available at GPLiaisonMidwife@mater.org.au or on 3163 1861.

How much does it cost?

The cost of the consultation will be bulk-billed through Medicare. There is no out-of-pocket expense.

National Marketing Campaign for Diabetes Risk Assessment

On the 21 June 2010, a national marketing campaign including TV and radio commercials will commence for the National Diabetes Prevention Program, advising the public to go to their doctors for weight management and diabetes risk assessment. Practice staff are advised to be prepared for increased enquiries from patients.

To find out more about diabetes risk assessments and referrals to a lifestyle modification program, please go to the Division website www.brisbanesouth.com or call Suanne Robertson, Program Coordinator (Healthy Lifestyles), on 3274 1886.

QUICK FIND GRAPHICS KEY



General Practitioners



Key Information



Nurses



Practice Management

These graphic symbols were created to help you quickly find the information that is most crucial to you