



Independent GP Education



Frontier Health Events
Provider, Organisers and Managers of Quality
Health Education and Luxury Getaways.

Annual GP Pharmacology Update

Saturday 5 June 2010, held at RBWH, Brisbane

Supported by



Annual Women's and Adolescent Health Update

Saturday 9 October 2010, RBWH, Brisbane

Venue: Royal Brisbane Women's Hospital, Edwin Tooth Auditorium, Herston Rd, Herston., 4029. 5 to 10 minute drive from Brisbane CBD. Regular bus service available from CBD. Train station is only 1km away. 4 star **Accommodation** is only half a km away (within walking distance). Other Accommodation is available in Brisbane CBD. **Parking** is available onsite.

Category 2 Points – Conference Attendance
RACGP 32 Category 2 points (16 points per conference)
ACRRM Points have been applied for

Category 1 Points ALM Infertility Management:
RACGP 40 Category1 and Women's Health Points

*Symposium Updates and Practical Tips are:
Dynamic, relevant, practical, contemporary,
totally Independent and tailored for Busy GPs.*



GP Pharmacology Update:

- Chronic Pain Management Pharmacology
- Antibiotics - When to Prescribe
- Antipsychotics and Antidepressants
- Cardiovascular Pharmacology
- Geriatric Medicine and Pharmacology
- Managing Prescription drug abuse and addictions in GP.

Women's and Adolescent Health Update:

- Common Adolescent Gynaecological Issues
- Contraception for women & adolescents
- Menopause Management
- Sexual Dysfunction
- Pelvic Floor Dysfunction
- Osteoporosis
- Infertility Management
- EB Nutritional Medicine | Mgt and Prevention | Type 2 diabetes

Frontier Health Events supported by **GPpartners**,

invites primary health care professionals to attend an upcoming authoritative and totally independent GP Symposium.

Symposium content is **not** aligned with any products or treatment. It is tailored to assist busy GPs optimise patient care.

Frontier Health Events GP educational programs are designed to:

- Bring GPs together with leading academics and clinicians and create a high quality, independent learning forum.
- A forum that not only provides GPs with independent updates but also provides hot practical management and prescribing tips to assist GPs in tailoring appropriate personalised treatments to their patients.

Program Content

- Directly based on GP requests, GP Feedback and GP Surveys
- Advice form clinicians

Organisers — Frontier Health Events Team

In late 2007 we launched independent patent focussed education specifically tailored to the needs of busy GPs.

Dr. Colin Gross: 34 years experience in General Practice.

Ms. Annie Shaw: Director, Frontier Health Events. Highly skilled and experienced in every aspect of health educational conference organisation, management and program design. Has organised and managed over 50 GP educational conferences, such as RHW Annual Hormone and Women's Health update 2003 –2007 and all *Healthed* conferences from its conception in Mid 2002 to early 2007.

Ms. Wendy Williamson: Extensive experience in the development, implementation, evaluation and review of training programs.

Registration Enquiries Frontier Health Events

Phone: (02) 4627 1621 or 1300 7300 51

Fax: (02) 4627 4602

Postal Address: P O Box 284
Macarthur Square NSW 2560

Annual GP Pharmacology Update, 5 June, 2010

Pharmacology Update and Practical GP Prescribing Tips tailored for busy GPs
Including drug interactions, safety issues and frequently asked questions

Program designed to assist busy GPs optimise patient care		All independent content Comprehensive Notes Provided	
Chronic and Musculoskeletal Pain Management and Pharmacology 8.15 — 9.15 am Update on management and practical GP Prescribing tips - Including drug interactions, safety issues and frequently asked questions		Professor Julia Fleming Director of The Professor Tess Cramond Multidisciplinary Pain Centre (PTCMPC)	
Morning Tea		9.15 — 9.45 am	
Antibiotics - When to Prescribe 9.45 — 10.45am Update on antibiotic prescribing and tips for General Practice Including update on common and emerging infectious diseases and the prescribing of antibiotics		Professor David L Paterson Professor of Medicine at UQ Centre for Clinical Research (UQCCR), Infectious Diseases Physician, Consultant Microbiologist and Medical Advisor for the Centre for Healthcare Related Infection Prevention and Surveillance (CHRISP). Invited Speaker — awaiting confirmation at the time of printing	
Psychotropic Pharmacology 10.45 — 12.15pm Such as Antipsychotics, Anti Depressants and Mood Stabilisers Update and Practical GP Prescribing Tips - Including drug interactions, safety issues and frequently asked questions.		Professor Stan Catts Professor of Community Psychiatry in the School of Medicine UQ. Clinical responsibilities at the RBWH Mental Health Division leading an early psychosis intervention team. Interest areas includes developing new assessment procedures for young people with mental health issues who do not respond to first line treatment in primary care setting.	
Lunch		12.15 — 1.05 pm	
Hypertension, Heart Failure and Pharmacological Mgmt 1.05 — 2.05pm Optimising patient care in hypertension, heart failure and following myocardial infarction: What are the current recommendations for pharmacological management?		A/Professor John Atherton school of Medicine UQ, Director of Cardiology RBWH. Chair Asia Pacific Acute Decompensated Heart Failure Registry Scientific Advisory Committee. Sits on the Commonwealth Medical Services Advisory Committee and the National Heart Foundation Chronic Heart Failure Clinical Practice Guidelines Executive Group	
Hypertension and Pharmacology 2.05– 2.20 pm Current Guidelines, Drug interactions and safety issues		A/Professor Chris J Bonner MCLinPharm, BPharm	
Geriatric Medicine and Pharmacology 2.20—3.20 pm Prescribing for older persons can present challenges for GPs Pharmacology management and Practical GP Prescribing tips for elderly patients - Including common drug interactions, safety issues and frequently asked questions.		A/Professor Chris J Bonner , MCLinPharm, BPharm Associate Professor, Faculty of Health, Science and Medicine, Bond University, Queensland. In private practice as clinical pharmacist in Brisbane, Major interest is in prescribing and QUM for elderly	
Afternoon Tea		3.20 — 3.40pm	
Diabetes Prevention Management and Pharmacology 3.40 - 4.40pm Update on diabetes Prevention management and pharmacology. Practical GP prescribing tips including drug interactions, safety issues and frequently asked questions.		Professor David Carey MB BS (Hons), BSc, PhD, FRACP), Director of Brisbane Metabolic Institute. Specialises in the treatment and management of metabolic syndrome, diabetes, obesity and osteoporosis. Past acting director of the Department of Diabetes and Endocrinology at PAH. A/ Professor in Endocrinology, UQ. Has published widely and presented at conferences both nationally and internationally	
Managing Prescription drug abuse and addictions In General Practice 4.40— 5.40 pm GP update and practical management tips on managing prescription drug abuse and addictions . Closing Address at 5.40pm		Dr. Mark Daghli B.Sc., M.B.Ch.B., M.R.C.Psych., M.D. Director of Addiction Psychiatry Royal Brisbane & Women's Hospital and Senior Lecturer in Addiction Psychiatry University of Queensland Finish at 5.45pm	

GP Feedback: 2008-2009 Symposiums

"thoroughly enjoyed the conference", "was very informative and useful", "thank you for an excellent day of excellent speakers with information", It is great to come out of a symposium that makes you think", "I gained a lot of "information to apply to my practice", "More topics please..." "Learning experience will have an impact on my practice" Lot of practical information for a busy GP. Letters and feedback—"keep up with the good work", "... look forward to the next one", "Great conference and speakers ...", Emails and comments "many thanks Annie for a wonderful conference", "Speakers were great as well as the venue", "All sessions were most enlightening" I told the practice I will go to Frontier Health event conference", And More..... Both speakers and seminar content have been rated very highly.

Annual Women's and Adolescent Health Update

Saturday 9 October 2010

Updates and practical management tips designed for busy GPs

Independent | Comprehensive Notes Provided

Contraception for Women and Adolescents 8.15 - 9.15am

Contraception update and practical tips for GPs including contraception for young teenagers including ethical and moral dilemmas with young teenagers requesting contraception. What would be a suitable age to start a teenager on the pill?

Dr. Caroline Harvey MB BS(Hons), MPM, FRACGP, DRANZCOG. Medical Director FPO, Brisbane since 2002. Current interests include the sexual and reproductive health needs of young people, cervical screening, contraception and medical and nursing education.

Common Adolescent Gynaecological Issues 9.15-10.15am

An update and practical management tips including dysfunction uterine bleeding, pelvic pain, and infection.

Dr. Michael Wynn-Williams Gynaecologist MBChB (Otago, NZ), FRANZCOG. VMO Mater Mothers and Queen Elizabeth II Jubilee Hospitals. Director of Eve Health in South Bank. Operates at the Wesley and Mater Private Hospitals. Main interests include the management of endometriosis and fibroids, advanced laparoscopic surgery, adolescent gynaecology and menstrual disorders. Fertility care provided through QLD Fertility Group.

Morning Tea

10.15 — 10.45 pm

Menopause Management 10.45— 11. 45am

GP update & practical management tips on HRT and testosterone options for women who refuse HRT. Frequently asked questions and concerns

Professor Susan Davis, MBBS, FRACP, PhD NHMRC Principal Research Fellow and Professor of Women's Health, Department of Medicine, Alfred Hospital Campus of Monash University, Past President of the Australasian Menopause Society. (Continued Next Topic)

Sexual Dysfunction in Women 11.45 - 12. 30pm

GP update and Practical management strategies

Professor Susan Davis Authority on Women's Health, recipient of numerous awards including the Robert Greenblatt Prize of the International Menopause Society 1993; the Glenn Aging Award of the US Endocrine Society 2000; the Glaxo-Wellcome Diabetes Education Award 2000; the Barbara Gross Award of the Australasian Menopause Society 2002; the inaugural North American Menopause Society Androgen Research Award 2003 and the Australasian Menopause Society Annual Scientific Award 2006.

Lunch

12. 30pm — 1. 30 pm

Osteoporosis Management in General Practice 1.30 - 2. 30am

Update and practical management tips for GPs including Osteoporosis pharmacology and prescribing tips.

Dr. Margret Williamson is a senior visiting Endocrinologist to PA hospital. She is also in private practice
Invited speaker - awaiting confirmed at the time of printing

EB Nutritional Medicine for Prevention and treatment of Type 2 Diabetes 2.30—3.00pm

Christine Houghton CB.Sc.(Biochem.), Grad.Dip.Hum. Nutr., PhD. Cand. Nutritional Biochemist. Following 30 years in private practice as a Nutritional Biochemist, Christine is currently engaged in doctoral research at UQ, investigating bioactive phytochemicals with significant clinical potential. Her clinical focus incorporates patient-centred dietary management with selected evidence-based complementary medicines. Particular clinical interests are in CVD, Type 2 diabetes and cancer prevention.

Clinical Infertility Management in GP 3.00- 4. 00pm

Update on investigation and management of female and male Infertility. Latest on treatment and donor options. On going care of women with infertility

A/ Professor Anusch Yazdani MBChB, FRANZCOG Gynaecologist, Staff specialist Mater Misericordiae Hospital, Visiting Specialist to the RBWH, Senior Lecturer to the University of Queensland, Director of the Australian Gynaecological Endoscopy Society.

Afternoon Tea

4.00 pm — 4.20 pm

EB Complementary Medicine for Fertility Management and Preconception care 4.20—4.50pm

Christine Houghton

See speaker biographical details above.

Female Pelvic Floor Dysfunction 4.50—5.40pm

Update and practical management tips for GPs

Dr Christopher Maher Urogynaecologist. Special interests include: Bladder dysfunction, Urinary Incontinence and Genital Prolapse. Dr Maher established the Wesley Urogynaccology Unit and the Mater Urogynaccology Unit in Brisbane.

Active Learning Module (ALM) — Infertility Management RACGP 40 Category 1 Points and Women's Health Points Approved
Involves— Infertility presentation attendance and post conference home based activity.

The work-book and case studies will be sent to the enrolled GPs prior to the symposium. This will provide GPs an opportunity to read the material and clarify any questions at the symposium. GPs enrolled for this activity will be divided into groups enabling interaction and facilitating completion of the module within a 12 week period following the symposium.

Please note, the infertility session points for those enrolled to do the ALM activity will be credited towards the ALM category 1 activity and not towards category 2.

TICK Annual GP Pharmacology update, Sat 5 June 2010
 Annual Women's and Adolescent Health Update, Sat 9 October 2010

Registration	Both Conference	One Conference	GP Partners Financial Members	GP Partners Financial Members Both Conferences
Discount Price end 15/04/ 2010	\$385 <input type="checkbox"/>	\$199 <input type="checkbox"/>	\$184 <input type="checkbox"/>	\$368 <input type="checkbox"/>
Early Bird end 15/05/ 2010	\$426 <input type="checkbox"/>	\$219 <input type="checkbox"/>	\$205 <input type="checkbox"/>	\$410 <input type="checkbox"/>
Standard after 15/05/ 2010	\$499 <input type="checkbox"/>	\$259 <input type="checkbox"/>	\$239 <input type="checkbox"/>	\$478 <input type="checkbox"/>

Tick Printed Notes \$10 Both Seminars Printed Notes \$16 No Notes

Infertility ALM - 40 RACGP Category1 Points and Women's Health Points Approved
 ALM only \$165
 ALM- with Conference Registration \$135
 ALM Only Group Discount \$135

Catering: Vegetarian Non Vegetarian Special Dietary Requirement _____

Conference sponsorship Policy
 In order to meet the seminar demands, raising cost and offer reasonable registration fees, Frontier Health Events intends to raise some sponsorship. All sponsorship will support high quality Independent Education Any industry sponsorship accepted will be limited to trade display, satchel inserts and advertisement in the conference program booklet.. This will be fully disclosed in the conference program booklet.
 Frontier Health Events believes in a transparent sponsorship policy. All sponsorship will not only comply with RACGP sponsorship guidelines but also with the ethical values of Frontier Health Events, its partners, associates and supporters.

PLEASE WRITE CLEARLY IN BLOCK LETTERS to avoid delays and mistakes

RACGP No: _____ ACRRM NO: _____ Title / Profession _____
 Surname _____ Given Name _____
 Mailing _____) _____
 _____ State _____ Post Code _____
 Work Phone (____) _____ Mobile _____ Fax _____
 Email _____

I will attend and Pay the total \$ _____ by: Visa Master Card Cheque
 Cheques to be Made Payable to **Frontier Events Pty Ltd**
 Card Number _____
 Expiry ____/____ Name on the card _____ Signature _____
 Postal Address: PO Box: 284, Macarthur Square, NSW 2560 Fax: 02 4627 4602 Credit Card surcharge is 1.98%

April 2011 Conference & Getaway
9 — 25 April 2011 A Breathtaking Getaway
 W : www.frontierhealthevents.com.au
 USA — LA, Nevada, Las Vegas, Phoenix, Arizona, Grand Canyon, Yellowstone National Park, Salt Lake City and San Francisco
Conference:
 1) Health Professionals conference
 2) Practice Managers workshop
 E: info@frontierhealthevents.com.au
 Annie Shaw 0425 246 874
 Barbara SabraTravel 02 9389 9933
 Some parts of the tour has limited accommodations and are in high demand. Please register your interest ASAP to secure a place.



Conference Audio Pack and Distance QA & CPD
 Register your interest now!

Audio Pack topics will depend on quality of recording and speaker permission

RBWH Parking
 We have negotiated Special Parking Rate at RBWH
\$15.00 flat rate. Coupons will be available at the conference
Accommodation with Free Parking
Windsor International Hotel
Brisbane
 4 star located within walking distance only half a km away from Royal Brisbane Women's Hospital .
 Phone: 073357 3456
 Cnr Bowen Bridge and Bryden St, Windsor 4034