

An Evaluation of the Cultural Acceptability of the Strategies in the Triple P- Positive Parenting Program

Clea Headley

There is a dearth of research investigating the acceptability of standard parenting programs for culturally and linguistically diverse (CALD) parents and the barriers CALD parents face in accessing parenting programs. This project aimed to determine if the content (i.e. the strategies) of the Triple P-Positive Parenting Program are appropriate for CALD parents. Furthermore, this project aimed to examine if the strategies in Triple P pose barriers, in particular cultural barriers, or whether the strategies are universally acceptable. Seventy CALD parents were asked to view the strategies on the Triple P DVD and rate the acceptability, usefulness, likelihood of use, and current use of each of the 17 strategies. In addition, parents were asked to indicate whether there were barriers to using the particular strategy, what these barriers were and the extent to which the particular barrier prevented them from using the strategy. Results revealed that parents found the strategies in Triple highly acceptable, highly useful, were very likely to use the strategies and reported currently using the strategies often. Thirty percent of parents did not identify a single barrier to using the strategies and of the 70% of parents that did identify a barrier, only two parents identified cultural barriers that prevented them from using a particular strategy. The implications of the results, limitations of the study and directions for future research are discussed.

For More Information on the research, please contact:

School of Psychology

Dr. Alina Morawska
Parenting and Family Support Centre
University of Queensland

E-Mail: alina@psy.uq.edu.au

Phone: (07) 3365 7304



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