



Healthy Lifestyle / Lifestyle Modification Program Providers 2011

Lighten Up to a Healthy Lifestyle

Location	Facilitator Name	Contact Details	How to Refer
Inala	Lifestyle Management Team - Community Health	Ph: 3275 5411 Fx: 3278 7086	Patient to call central intake number on 3275 5411; or Or Practice staff to fax patient referral to central intake on 3278 7086
Eight Mile Plains	Lifestyle Management Team - Community Health		
Coorparoo	Lifestyle Management Team - Community Health		
Capalaba	Chronic Disease Team - Bayside		

Living Strong

Location	Facilitator Name	Contact Details	How to Refer
Wynnum	Samantha O'Connor - Aboriginal & Torres Strait Islander Chronic Disease Worker, QLD Health	Ph: 3488 4222 Fx: 3488 4303	Patient to call Samantha on 3488 4222; or Practice staff to fax patient referral to central intake on 3488 4303
	Keisha Tincknell - Nutrition Promotion Officer Yulu-Burri-Ba Aboriginal Corporation for Community Health	Ph/Fx: 3409 9596	Patient to call Yulu-Burri-Ba Aboriginal Corporation for Community Health on 3409 9596; or Practice staff to fax patient referral to 3409 9596
Redlands	Samantha O'Connor - Aboriginal & Torres Strait Islander Chronic Disease Worker	Ph: 3488 4222 Fx: 3488 4303	Patient to call Samantha on 3488 4222; or Practice staff to fax patient referral to central intake on 3488 4303
North Stradbroke	Keisha Tincknell - Nutrition Promotion Officer Yulu-Burri-Ba Aboriginal Corporation for Community Health	Ph/Fx: 3409 9596	Patient to call Yulu-Burri-Ba Aboriginal Corporation for Community Health on 3409 9596; or Practice staff to fax patient referral to 3409 9596

Reset Your Life

Location	Facilitator Name	Contact Details	How to Refer
West End	Tim Douge	Ph/Fx: 3217 2470	Patient to call Iridium on 3217 2470; or Practice staff to fax patient referral to Iridium on 3217 2470

For more information or assistance with referrals for Healthy Lifestyle Programs or Lifestyle Modification Programs, please contact Brisbane South Division on 3274 1885 or email info@brisbanesouth.com.au.