

DEMENTIA Resources

Consider: the PATIENT, the CARER and the DISEASE PROGRESSION

Alzheimer's Association Queensland: (07) 3252-4622
Dementia Helpline: 1800-639-331
www.alzheimersonline.org

Alzheimer's Australia: (07) 3895-8200
National Dementia Helpline: 1800-100-500
DBMAS: 1800-699-799
(Dementia Behaviour Management Advisory Service)
www.alzheimers.org.au

Carers Queensland: (07) 3900-8100
National Carer Advisory Service: 1800-242-636
www.carersaustralia.com.au

Princess Alexandra Hospital – Geriatric & Rehab Unit Ph: (07) 3240-2520
(General Geriatric Clinic & Memory Clinic) Fax: (07) 3240-7387
Director: Dr Paul Varghese,
Clinical Nurse: Michelle Cordell

Central Intake Unit for HACC Services and ACAT: (07) 3275-5411
Fax: (07) 3278-7086
ACAT Teams: (07) 3169-9700
HACC Teams: (07) 3847-0909

Aged and Community Care General Information Line: 1800-500-853
www.agedcareaustralia.gov.au/

Commonwealth Carelink and Respite Centres: 1800-059-059
www9.health.gov.au/ccsd
Emergency Respite (Alzheimer's Assoc.): 1800-639-331
Emergency Respite (Alzheimer's Aust): 1800-100-500
Emergency Respite (Commonwealth): 1800-059-059

Veterans Affairs Department: 133-254 (Metro) or 1800-555-254 (Non Metro)

Brain Injury Association of Qld: (07) 3367-1049 or 1800-673-074

Parkinson's Queensland: (07) 3209-1588 or 1800 644 189

Continence Foundation Australia: 1800-330-066

Brain Donation for Research (Qld Tissue Resource Centre): (07) 3365-4616

Aged Care Complaints Resolution Scheme: 1800-550-552

Meals on Wheels: (07) 3205-5588

Vision Australia: 1300-847-466

Legal services - Enduring Power of Attorney, and Advanced Health Directives

Office of the Adult Guardian: 1300-653-187 or (07) 3234-0870

Public Trustee: 1300-360-044 or (07) 3213-9288

Queensland Aged and Disability Advocacy: 1800-818-338 or (07) 3637-6000

Guardianship and Administration Tribunal: 1300-780-666 or (07) 3234-0666

Queensland Law Society: (07) 3842-5842

Seniors Enquiry Line: 1300-135-500

Elders Abuse Prevention Unit: 1300-651-192

Seniors Legal & Support Service Centre (Elder Abuse): (07) 3257-1337

Victims Counselling & Support Service: 1300-139-703

Differential Diagnosis consider:

D – Drugs & Alcohol

E – Eyes & Ears

M – Metabolism (i.e. Thyroids, B12 Folate)

E – Emotional State

N – Nutrition (Diet, Deficiencies and Water)

T – Tumours

I – Infections (i.e. Bladder infection)

A - Arteriovascular / Cerebral insufficiency

For BPSD consider also:

Pain

Constipation

Urinary problems

Before initiation of a cholinesterase inhibitor or an antipsychotic consider:

ECG, Home Medicines Review, referral to a Support Group, Non-pharmacological interventions, Enduring Power of Attorney/Advanced Health Directive, and Driving status



Home Medicines Reviews and RMMRs.

Every 6 months schedule a review of cholinesterase inhibitors and memantine.

Every 3 months schedule a review of antipsychotic medications.

Anticholinergic drugs block the actions of acetylcholine and have been implicated in cognitive deterioration and delirium in the elderly. Examples of drugs with Anticholinergic effects include: Drugs for urinary incontinence, Antihistamines, Antispasmodics, Antidiarrhoeals, Antipsychotics, Tricyclic Antidepressants, Parkinson's drugs, Bronchodilators, Eye Examination Drugs.

Consider a Home Medicine Review or RMMR to assist with drug reactions and drug interaction. Referral templates are contained in most clinical softwares. Instructions, resources and lists of pharmacies seeking more HMR work are available on the BSDGP website: www.bsdgp.com.au