

## **Physiotherapy for Balance & Core Stability Exercise in Older Patients**

“Blue Care – Mobility Group”,  
840 Creek Rd, CARINA HEIGHTS, Qld 4152  
Physiotherapists: Paula Morahan, Michelle Chua  
Ph: 3213-7213

“Eight Mile Plains Community Rehabilitation – Balance & Falls Program”  
259 Padstow Rd, EIGHT MILE PLAINS, Qld 4113  
Physiotherapists: Judith Sheppard, Ann McDonald  
Ph: 3841-2797

“Sinamon Village Day Therapy Centre – Balance Group”  
Sinnamon Village, 620 Seventeen Mile Rocks Rd., SINNAMON PARK Qld  
4073  
Physiotherapist: Joan Ebzery, Beradette Callighan, Vick Gray  
ADDRESS REFERRAL TO **“The Physiotherapist”**  
Ph: 3714-5141 Or 3714-5144

“Mansfield PhysioWorks”  
Cnr Wishart & Newnham Rds., MANSFIELD Qld 4122  
Physiotherapist: John Perrier  
Ph: 3849-3099

“Mobile Rehab Physiotherapy”  
In Home and On Site visits.  
Principal Physiotherapist: Helen Weston  
ADDRESS REFERRAL TO **“The Physiotherapist”**  
Ph: 3856-5428

“Hopetoun Day Therapy & Physiotherapy”  
260 Cliveden Avenue, CORINDA QLD 4075  
Allied Health Manager: Jacki Lander  
ADDRESS REFERRAL TO **“The Physiotherapist”**  
Phone: 3710 2318